

**ARCHDIOCESE OF
PHILADELPHIA**

**CATHOLIC YOUTH
ORGANIZATION**

**ATHLETIC MINISTRY
HANDBOOK**



School Year: 2026-2027

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“Sports in the community can be a great missionary tool, where the Church is close to every person to help them become better and to meet Jesus Christ. To belong to a sports team means to reject all forms of selfishness and isolation – it is an opportunity to meet and be with others, to help each other, to compete in mutual esteem and grow in brotherhood. Everyone who wants to join in sports should be welcomed. Not just the best, but everyone, with the advantages and limitations that everyone has, indeed, focusing on the most disadvantaged, as did Jesus.”
-Pope Francis

Dear friends of the CYO,

2025-26 brought our programs another fruitful year of success, growth, and abundance within our Church of Philadelphia. Our marquee events such as CYO Night at the Penn Relays and the Archdiocesan Basketball Tournament, along with our other incredible championships and sports seasons, continue to provide the best faith-based athletic experiences to our young athletes and families.

The AOP CYO Office was also proud to host the 2026 Pennsylvania State Girls CYO Championship Tournament in March. We welcomed teams from our 6 neighboring Dioceses in Pennsylvania for an exhilarating tournament of the highest level of basketball in the state. All of the girls, coaches, and families were grateful to enjoy a visit to our beautiful city.

As the Archdiocese has launched into its “Trust and Hope” campaign, I truly believe that the CYO remains one of our Church’s most positive and beneficial missions to simultaneously invigorate our Parishes as well as strengthen the faith of our Catholic families. In the Philadelphia region, 83% of Catholics are not active in the sacramental life of the Church. Through CYO sports, we can frequently and enthusiastically welcome our families to our Parishes and communities through our events and continue to grow and celebrate our Faith.

With Philadelphia at the forefront of both hosting the World Cup as well as the 2026 MLB All-Star Game this past year, we are a witness to how sports can be such a positive catalyst for community and growth. I am excited to see another generation of Catholics grow in their faith and their communities through their physical and mental skills on our sports fields and courts.

Excited changes continue to happen for the CYO and the Archdiocese as a whole. With a new move of the AOP Offices to a new building in Center City, my spirit is refreshed to continue building, growing, and improving our systems and operations at both the Archdiocesan and local levels. I cannot say it enough- our CYO would not be the wonderful gift it is without the gracious time and efforts of our volunteers. From assistant coaches all the way through our Regional Directors and Sports Commissioners, these men and women are the lifeblood of the CYO, and we are truly blessed by our Lord for their generosity and love for our athletes.

I am looking forward to another year collaborating with our volunteers and Archdiocesan leaders to continue growing our faith through sports!

-Matt Hasher, CYO Director of Athletics

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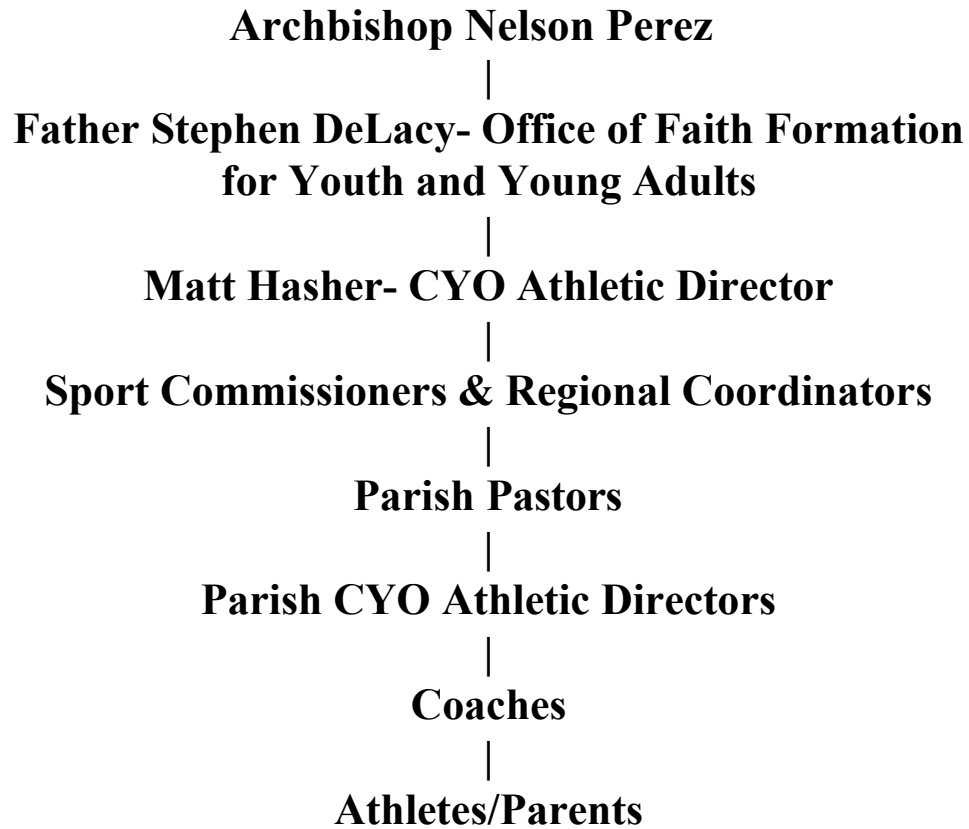
CYO Mission Statement

CYO sports is the athletic component of a Parish or Catholic school youth ministry program. CYO enables the partnership between religious leaders, coaches, volunteers, and parents to manage and support a sports program that allows youth to grow in their relationship with God and come to a better understanding of themselves and the Catholic faith through sport. Such a program employs a healthy and enjoyable competition. CYO assists parish leadership in nourishing the emotional, spiritual, social, and physical needs of young people. CYO encourages young people to appreciate the gifts they possess and to succeed simply by striving to grow and improve. CYO allows young athletes to witness the life of Christian discipleship in their coaches and adult leaders and encourages the youth to become responsible members of their faith community.

CYO Points of Emphasis

1. **Ministry**- CYO sports provide a unique opportunity for youth ministry to greatly influence our athletes with spiritual development and appreciation for the gifts they are blessed with. *We expect prayer before and after every practice and weekly encouragement from coaches to attend Sunday Mass.* We strongly encourage a focus on a weekly spiritual message, attending Mass as a team, and creating a service project for the community. Athletics provide "teachable moments" for our youth to contemplate and learn how to grow and face adversity through faith.
2. **Sportsmanship** - All CYO programs must reflect Christian attitudes and values through adults emphasizing good sportsmanship. Coaches are expected to set good standards for proper conduct in sport. All teams should shake hands after games. All participants must show respect for officials and facilitators. CYO will not tolerate shouting, outbursts, or negative expressions to any coaches, officials, spectators, or athletes. In short, let the players play, coaches coach, and officials officiate.
3. **Enjoyment** - Young athletes play sports because it's FUN. Our young players DO NOT need adults to play games. If adults are curbing the enjoyment of players, they will leave, and worse- the essence of youth sports is lost. CYO is not a spectator sport for parents. All practices and competitions should be enjoyable for the players. Good CYO coaches succeed by enabling youth to develop their talents and view that as the ultimate achievement. Good CYO coaches constructively instruct their athletes. It is critical that our youth understand that they get their worth from God as a gift, NOT from "success" in athletics. We pray that parents will support their children without placing undue pressure on them to win or be the best athlete on their team or in their Region, none of which their child can control. We also ask that spectators cheer in a positive manner. Remember, these are children simply playing a game.
4. **Organization** - Regional coordinators and sports commissioners help to bring information, processing, and decision-making closer to the parish level- all under the oversight of the CYO Office. The tremendous commitment by the volunteers serving as Athletic Directors and Board members helps to strengthen the structure of the CYO and continue to enforce the value of living the Gospel through sport.

CYO Athletic Department Organizational Chart



Missionary Discipleship in CYO Athletics

Archbishop Pérez is asking every Catholic and every parish to work with him to create a culture of missionary disciples in the Archdiocese of Philadelphia. This is a strong call to all of us to undergo a conversion of mind, heart and behavior: to move out of the “maintenance” mindset, which tends toward spiritual complacency and a business as usual attitude, and into an apostolic mission mindset. CYO Athletics is the most robust and connected mission in the Archdiocese, and our adult leaders have a unique opportunity to grow and guide our young athletes with this mindset.

What is required of us - parish leaders and parishioners - is to commit ourselves to a deeper life of prayer, a greater outward focus and to incorporate mission-oriented thinking in all aspects of parish life and ministry.

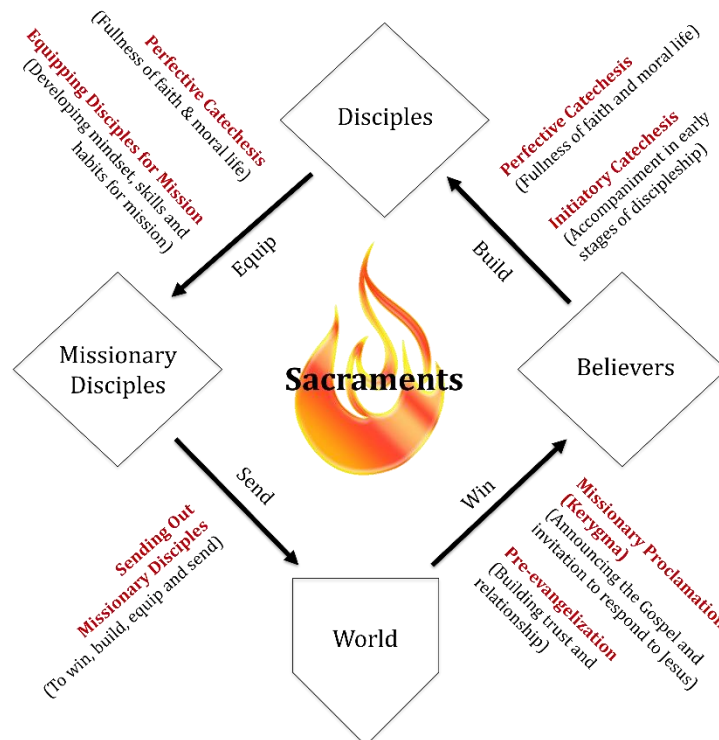
At the beginning of your practices and games, you can carve out 5 minutes to pray meaningfully. You make a deliberate Sign of the Cross, pause in silence to allow everyone to open their hearts to God, read a short Scripture passage and then pause again in silence to allow everyone to hear God speaking to them through the passage. Then you close with a Hail Mary prayed at a natural, reflective pace.

Then the sports can begin.

Even outside of the sports programs we participate in, we as Catholic volunteers can embody Missionary Discipleship in our daily lives. As you see in the diagram below, our easiest task is to simply announce the Gospel and invite our peers to open their hearts to Jesus. Forming a bond of trust and community prepares them to build on their faith and grow in our Church.

Click this link to hear more on this Missionary Discipleship journey:

<https://www.youtube.com/watch?v=nqZcBbAOMZI>



Archdiocesan Administration

A.) CYO Athletic Department

- a. The CYO Athletic Department is led by the CYO Director overseen by the Office of Faith Formation of Youth and Young Adults, and responsible for carrying out the Mission of that umbrella office through the value of sport.
- b. The CYO Athletic Department relies heavily on the good work and time of many CYO volunteers, without whom an effective CYO program would not be a reality. We continue to look for ways to work more efficiently and more effectively given these limited resources.
- c. The department's role is to provide the vision and framework from which our administrators, coaches and parents carry out this vital ministry. The department also exercises oversight and governance with regard to Athletic Ministry/CYO Sports. This Handbook is a reference tool to remind all involved of the mission of Athletic Ministry as well as the structure and rules under which this ministry is carried out.

B.) Office for Child and Youth Protection

- a. The OCYP is responsible for overseeing compliance with the Archdiocesan Safe Environment Program standards for youth. The office serves parishes, schools, organizations, and programs. If there are any questions regarding clearances for volunteers, class schedules, Mandated Reporting, etc. please contact the OCYP directly.

Regional Administration

A.) The CYO Sports Region

- a. The Archdiocese is currently divided geographically into 13 Regions for the purpose of our CYO Athletics. All programs within our CYO are assigned to a Region, and their teams must participate with that Region's sports leagues. Failure to do so without Archdiocesan permission will result in elimination from Regional, Area, and/or Archdiocesan competition.
 - i. In the event that a Region does not sponsor a specific sports league, teams may request to participate in a neighboring Region.
- b. Regional By-laws
 - i. Regional Athletic Boards might identify the need to have by-laws, in addition to rules and regulations provided by the CYO, to assist in governing parish participation in Regionally-sponsored sports leagues (i.e., issue of 'cuts,' issue of minimum playing time for JV, etc.)
 - ii. Any Regional by-laws can be implemented if they are stricter than Archdiocesan policies
 - iii. Any changes to Regional by-laws must be voted on by the Regional board and/or all participating program ADs.
- c. Regional Athletic Boards
 - i. If a Region is able to form a board, each program would be permitted to have a representative and one vote on any Regional decisions.

League Commissioners/Coordinators

- A.) Each sports league must be led by an appointed League Commissioner or Coordinator
 - a. Sports League Commissioners will operate the entirety of sports seasons from the Archdiocesan level.
 - b. Sports League Coordinators will facilitate the same responsibilities at the Regional level.

Parish Administration

- A.) **The Pastor**, as the canonical authority and governance of the Parish, is the final authority on all decisions pertaining to his Parish
 - a. The Pastor may designate a Priest Moderator to work closely with the Parish Athletic Director to oversee the CYO program.
 - b. In the case of a Regional School-based CYO program, the contributing Pastors may elect to appoint one Priest Moderator OR allow the school Principal to act as the sole overseer of the program.
- B.) **The Parish Athletic Director** is appointed by the Pastor and facilitates all CYO sports requirements for the Parish. The AD is responsible for:
 - a. Communicating the CYO Mission Statement to Parish sport volunteers and work to uphold its purpose and goals
 - b. Developing a set of "Parish By-laws" and/or conduct a yearly review with all volunteers
 - c. Ensuring that only qualified individuals are selected to coach children
 - d. Working with the Parish ministry office to record and house all Coaches' clearances
 - e. Working with the Parish Business Manager to facilitate billing for seasonal and yearly CYO fees
 - f. Ensuring that any CYO Charter or survey information is filled out and submitted

Eligibility Standards

The primary enforcer of our rules is the honesty and integrity of CYO volunteers. Any rationalizing breaking these rules is dishonest and contrary to the purpose of our CYO programs and Mission.

Ignorance to the eligibility standards detailed below IS NOT A DEFENSE

A.) Program Eligibility

- a. In order for a parish to participate in an Archdiocesan CYO sanctioned and Regionally sponsored sports league, the following criteria must be met:
 - i. Each Parish must Charter annually with the CYO Office. Charter Fees will be billed to program Quadra accounts when their first team roster is submitted to the CYO Office.
 - ii. Each parish team must be in compliance with registration, roster, and fee requirements. Programs with outstanding bills may be deemed ineligible.
 - iii. Rosters may be submitted electronically through the CYO website, emailed to mhasher@archphila.org, or in special circumstances, mailed to Attention: Matt Hasher, CYO Office **1601 Cherry Street, Suite 1100 Philadelphia, PA 19102-1310**

B.) Coaching Eligibility

- a. All CYO Coaches (Including Athletic Directors, Assistants, etc.) must:
 - i. Take the online Catholic Coaching Essentials course found on the CYO website before coaching
 - ii. Complete the required background checks, Mandated Reported training, and Protecting God's Children class before coaching
- b. Age Criteria for Coaches
 - i. Grade school coaches must have reached their 21st birthday before the start of the season
 - ii. High school coaches must have reached their 25th birthday before the start of the season
 - iii. Assistant coaches do not have an age requirement, and high school students are encouraged to volunteer to coach as an assistant
 - iv. All coaches over 18 that have any coaching role must complete Safe Environment standards. Assistant Coaches under 18 are not permitted to coach athletes alone.

C.) CYO COACHES PLEDGE

- a. Upon my honor as a CYO Coach, I pledge myself to the following: To guide each player to be a better Christian and a better citizen.
To be ethical and a good sportsman in my coaching conduct towards all athletes, officials, spectators and coaches.
To motivate each athlete to always compete according to the rules.
To teach each athlete, especially through my own examples, to be humble and generous in victory and proud and courteous in defeat.

D.) Grade School Athlete Eligibility

a. Years of Eligibility for Grade School Athletes

i. Junior Varsity- 2 years

1. Participants are to be 5th or 6th Grade players who have not reached their 13th Birthday before September 1
2. 4th Graders, regardless of age, are not eligible to participate on a JV team, other than Track, Cross Country, and select Football teams.

ii. Varsity- 2 Years

1. Eligibility is served and exhausted at each level **regardless of participation.** "Red Shirt" years, or "reclassifying" are not permitted in CYO. Regardless of their grade status at school, players' CYO years start at 5th grade and count for the following 4 years.
2. **No Third Years are granted in CYO FOR ANY REASON.**
3. 6th graders participating on a Varsity team because there is no JV will be credited one year of JV eligibility, rather than a year of Varsity. They will retain their full Varsity eligibility for their 7th and 8th grade years.
4. 8th graders who have reached their 15th birthday before September 1 may participate for their Parish's High School sports teams.
5. Regardless of age, 9th graders or "reclassified" 8th graders and above are not eligible for CYO grade school sports.
 - a. Exceptions: Cross Country and Track & Field employ different age and grade restrictions.

b. Grade School Athlete Residence Requirements

i. General Residence Eligibility

1. Athletes must either be registered members of the Parish, or attend the Parish school.
2. Registered members must be Catholic and must be registered at the Parish before the start of the season. Pastors/Priest Moderators retain the right to require religious education, sacraments, and Mass attendance.

ii. Change of Residence

1. Before the season starts- if an athlete moves out of his/her parish prior to the official start date of the sport season, the athlete is ineligible to participate with his/her former parish.
2. After the season starts- if an athlete moves on or after the official start date of the sports season, he/she may choose to participate with their new or old parish.
3. **Changing Parishes without Changing Residence**
 - a. Individuals or families that change Parishes without physically moving residences **will not be eligible to participate with their new parish for a period of one year from the date of transfer.** The waiting year does count towards a year of eligibility. The athlete may participate with their old Parish program, or can participate in a limited basis with the new program (practice player only, not game eligible).

NOTE: After the sport's roster deadline, athletes may no longer change teams. Once an athlete chooses to participate on a team at their new parish (i.e. the change of parish must take place before August 1), he/she cannot participate for any teams at their former parish. The adjustment period is for that CYO Year only. Also, for CYO purposes, no family may change the parish with which they are registered, without a change of residence during the current CYO Year.

E.) Grade School Scholastic Regulations

a. Parish-School Students

- i. A Student-athlete who attends a parish's school is eligible to participate on that parish's CYO team.
- ii. A Student-athlete who attends a separate parish's school from his/her registered parish may, in certain circumstances, participate with either parish's CYO.
 1. Upon establishing a preference, the student-athlete must participate with the designated entity for the remainder of the CYO year.
 - a. Exception: If the chosen entity does not offer a particular sport, then the student-athlete may participate, for that sport only, with the entity that was not originally selected.
 2. AT NO TIME may a student-athlete participate for the same sport at two different CYO entities.
- iii. School Transfers- Individuals who transfer schools (including parish, Regional, or Mission) will not be eligible to participate with the new school for a period of one year from the date of transfer. The waiting year does count towards the athlete's years of eligibility. The athlete may participate with their old parish program, or can participate on a limited basis with the new program (only practice, not game eligible).

b. Non-Parish School Students

- i. A student-athlete who is a registered member of the parish and attends a school (public, private or Catholic which is not part of CYO) other than their parish's school or is home-schooled is eligible to participate for their registered parish's team.
 1. NOTE: It is strongly recommended that non-parish- school students be required to participate in the parish's religious education program. This is ultimately decided by the Pastor. Pastors are encouraged to make this mandatory at their Parish.

c. Combined Schools/Regional Schools

- i. Parishes who share a "combined school" may either offer CYO sports through their own individual parishes (suggested) or through the school as a combined program. If the parishes choose to combine through the school, the following conditions must be met:
 1. Participation is limited to the students who attend the school and those registered members of the parishes involved in the combined school
 2. All involved parishes' Pastors must submit letters of acknowledgment and approval of the combined school CYO program to the Regional Athletic Board and CYO Director.

d. The Small Parish Merger

- i. Parishes who face smaller participation numbers have the option to merge with another program for specific sports to give an equal opportunity to participate as well as maintain a Parish CYO program
 - 1. Two or more "small parishes in the same Region may request a merger.
 - 2. Parishes without schools may request a merger
 - 3. The merger must be necessary for ALL parishes to sustain a team
 - 4. No merger will be granted that gives any parishes involved a competitive advantage
 - 5. Parish mergers must be approved on a season by season basis. Mergers are only granted for one sport, for one season.
 - 6. Procedure:
 - a. The cut-off date for requesting a merger is two weeks after the official start date of the season. This allows teams to conduct registration and determine numbers
 - b. The Pastors at all participating Parishes must submit written approval to the Region and AOP CYO Director

e. High School or Professional Athletes

- i. Any CYO athlete found to be rostered with any high school team at any level, or any professional team in that same sport, will be ineligible and result in the team's ineligibility as well.

f. Eligibility Violations

- i. Athletes found to be non-compliant with any of the "Eligibility Standards" outlined in this handbook may face the following penalties:
 - 1. Immediate discharge of the athlete from the violating team and the athlete will serve a one-year suspension from all CYO sports
 - 2. Forfeiture of any competition in which the violating team participated with the athlete

2025 Addendum- Application of CYO Eligibility rules:

Below is a description of how the AOP CYO Eligibility rules are applied.

Definition of terms:

- A) Regular Parish: Parish with or without parish school: Parish has their own unique CYO and may or may not have a parish school.
- B) Regional A: Combined School/Regional School Type A: Parishes who share a “combined school” and offer CYO sports through the combined school as a combined program.
 - a. For example, Holy Family Regional CYO Ministry is a Regional A program with the combination of Queen of the Universe and St. Frances Cabrini parishes.
- C) Regional B: Combined School/Regional School Type B: Parishes who share a “combined school” and offer CYO sports through their individual parishes.
 - a. For example, St. Katharine Drexel Regional Catholic School with St. Bede parish and Assumption parish are a Regional B program. St. Bede parish has unique CYO sports program St. Bede nor Assumption do not participate in a regional CYO Program under the Combined/Regional school.
- D) Neighboring Parish: In each Region, a neighboring parish is defined as any other parish in the same Region. (Physical shared border is not required, but is preferred for ease of travel.)
- E) Private Academy: Private Academies are school-based CYO programs within the Region.

Grade School Residence Requirements

- A) Regular Parish: Athlete must either be a registered member of the parish or must attend the parish school. If a child is not a member of the parish but attends the parish school, they can choose to play for either their home parish or the parish of the parish school.
- B) Regional A: Athlete must either be a registered member of one of the feeder parishes for the combined school or must attend the combined school. If a child is a member of one of the feeder parishes, but does not attend the combined school, they can still participate in the combined regional CYO program.
- C) Regional B: Athlete must be a registered member of one of the individual parishes. They can only participate with their individual parish CYO. (For example, an Assumption parish member attending St. Katharine Drexel Catholic School, cannot participate with St. Bede CYO.) If a child is a member of one of the feeder parishes but does not attend the combined school, they can still participate in the home parish CYO program.
- D) Private Academy: Athlete must attend the school to be eligible for the school-based program. If the Athlete is a registered Parishioner at a Parish, the athlete may elect to play for their Parish CYO program, but never both the Parish and the School. The Athlete must stay at that program for all sports in the scholastic year.

Small Parish Merger

Parishes who face smaller participation numbers have the option to merge with another program for specific sports.

The following conditions must be met:

- A) The combined number of unique participants competing in a specific level of CYO sports in the previous school year for all the parishes involved must be less than 25. Grade school levels are defined as Varsity Boy (7th and 8th grade), Varsity Girl (7th and 8th grade), JV Boy (5th and 6th grade), JV Girl (5th and 6th grade), Novice Boy (3rd and 4th grade) and Novice Girl (3rd and 4th grade). The CYO sports included are Cross

Country, Soccer, Volleyball, Basketball, Baseball, Softball, and Track & Field.

a. Unique Participants is defined as all male and female athletes in 3rd through 8th grades participating in inter-parish CYO sports programs sponsored by the parish.

b. Unique Participants must be verifiable through the parish roster.

B) In any of the previous two years, neither parish fielded a team of more than 18 total athletes, respectively.

C) In the year of merger, the merged team will not have more than 18 total athletes.

D) The following rules and procedures apply to all requests to merge parishes:

a. Private Academies are not permitted to merge with an eligible parish.

b. All requests for merger must be sent to the Region Sport Coordinator and Region Coordinator. Separate requests must be sent for each sport. Approval in one sport does not guarantee approval in the other.

c. The attached form must be used, and the requested information must be included with the request. Requests should be emailed to the Region Sport Coordinator and Region 19 Coordinator.

d. Requests for approval to merge for the CYO Sport season must be submitted before the first season game.

e. If approved, merged teams will compete under the existing name of one of the parishes, however, separate rosters must be prepared for the different parishes and approved by the respective pastors.

f. Once a request for a merger is approved, the merged team must remain together for a period of two years. The unique participant rule and total number of athletes rule apply only in the first year of the merger. Merged teams must re-apply after two years competing together and may be denied in subsequent years based on the growth of their CYO programs.

g. Ineligible "large" parishes may be permitted to merge with an eligible smaller parish if credible hardships or other qualitative factors make such a merger the best option for the smaller parish. The decision to waive one or more conditions will be at the sole discretion of the Region Coordinator.

F.) High School Athletic Eligibility

a. High School Age/Grade Regulations:

i. Varsity

1. Athletes must be 11th or 12th grade students who have not reached their 19th birthday before September 1
2. Athletes in 9th or 10th grade but over 17 years of age may be eligible for Varsity
3. Athletes who would have completed secondary school had they remained enrolled are not eligible
4. Parishes with not enough players to form a Junior Varsity team may allow 9th and 10th graders to participate with Varsity

ii. Junior Varsity

1. All athletes must be 9th or 10th grade students who have not reached their 17th birthday before September 1.
2. 8th graders too old to compete for Grade School Varsity may compete in the appropriate age class for high school
3. NOTE: Any team or player found to be in non-compliance to any rule outlined in this Handbook will face sanctions.

b. High School Residence Requirements

- i. Parish Resident- All athletes must be Catholic and registered members of the parish
- ii. Residents of Parishes with no Team- A parish without enough athletes to form a team may request that their athletes play with a neighboring parish. The Pastors of both parishes must provide written approval to the Region and AOP CYO Director
- iii. Change of Residence- Athletes changing residence must comply with the same grade school guidelines

c. High School Religious Regulations

- i. Non-Catholic Athletes- who live within the parish boundaries are permitted to participate for that parish provided the following criteria is met:
 1. The athlete complies with all eligibility rules
 2. The Pastor provides a letter of request to the league Commissioner, Regional Board, and AOP CYO Director. If approved, a letter of approval must be provided by the Pastor
 3. In order to create fairness, Regions may determine a limit of the number of non-Catholics a team may have

ADDENDUM: Starting in 2025, any player who has played all 4 "Grade School" years of CYO with a certain parish or program may retain eligibility with that parish/program for High School CYO participation.

General Policies

A.) Code of Conduct

- a. The following are examples of Offensive Actions and Penalties. No CYO Athlete, Coach, or Spectator is permitted to:
 - a. Refuse to abide by an official's decision
 - b. Display objectionable behavior by throwing equipment or any other forceful action
 - c. Heap verbal abuse upon any athlete, coach, spectator, or official
 - d. Lay hands upon, push, shove, strike, threaten to strike, or physically attack an athlete, coach, spectator, or official
 - e. This list is not exhaustive
- b. Any athlete, coach, or spectator who is found guilty of any of the above violations may face the following penalties:
 - a. Violation of Articles 1-3 = minimum five-game suspension for CYO league and/or playoff competition
 - b. Violation of Article 4 = Minimum one-year suspension for a full calendar year from all CYO sports
 - c. If the sanctions are ignored or disregarded, his or her team will be suspended from all competition for a calendar year for that particular sport
- c. Penalties will carry over into the next season available in order to complete
- d. If further investigation is necessary, the individual will be suspended until an informed decision can be made
- e. **Cyberbullying Addendum:** the CYO has a zero tolerance policy for cyberbullying. This includes, but is not limited to, embarrassing, intimidating, disrespecting, or threatening any player, coach, official, or volunteer either verbally or on social media. If found guilty of these actions, the player, coach, or parent will be removed from the team and program immediately and face further suspensions that span past that year.

B.) Safety

- a. Equipment- Coaches must ensure that all players wear the proper and mandated athletic equipment for their sport
- b. Competition Sites- Day of competition Coaches must ensure that all fields and facilities are safe and free from hazards on the day of the competition. Coaches should report any suspicious or unsuitable athletic conditions to the Site Director assigned to the competition immediately. If no Site Director is identified, the Home Team coach takes on responsibility for the safety of all involved at that site
- c. First Aid- All coaches are required to carry at least one First Aid kit

C.) Rosters and Fees

- a. The Roster- Every CYO team must complete and submit a CYO sports roster to the CYO Office by the date determined each sports season
 - a. Once rosters are submitted by the determined date, rosters are locked and players cannot be added
- b. Required information- Coaches and/or ADs must ensure that all of the information required on the roster be provided and it be honest, accurate, and in compliance with all Eligibility Rules
- c. Required Approvals- The team's roster is considered complete when submitted to the CYO Office and shows that the following individuals have approved it and found it to be in compliance with all Eligibility Rules:
 - a. Head Coach
 - b. Parish Pastor or School Principal
 - c. Parish Athletic Director
 - d. Commissioner
- d. Required Fees- All teams will carry a seasonal Team Fee that will be billed directly to the parish or school business account. A complete list breaking down the program, sport, and number of teams at each level to charge should be provided with all rosters and roster packets
 - a. 2026-27 Team Fees will be \$150 for ALL SPORTS, both JV and Varsity
 - b. Failure to submit payment for team fees in a timely manner will result in Charter removal and teams deemed ineligible for post-season play. Extreme cases may result in full ineligibility.
 - c. Each Program is also required to pay an annual Charter fee of \$200 per year. This fee is required for program eligibility and participation in Regional and AOP competition.

D.) Post-Season Competition

- a. Varsity Leagues and above may host Regional post-season playoffs. Commissioners are responsible for the following:
 - a. Establishing clear procedures for determining the Regional Champion and possible at-large bids eligible for the Archdiocesan post-season playoffs
 - b. Reporting which team(s) will be representing the Region at the Archdiocesan competition before the deadline determined at the preseason meeting.
- b. Number of bids per region for tournaments will be determined mid-season after rosters have been submitted

E.) Officials

- a. League coordinators are responsible for contracting officials for league competitions and Regional playoffs. It is recommended that, in coordination with the Region, an assignor is hired for officials
 - a. The Assignor will schedule officials for the season.
 - 1. It is recommended that the Region pay the assignor with one check to cover all competition so that cash is not being handed out at games
 - 2. Officials should be proficient and certified in the primary rules of the sport
 - 3. Coaches may not officiate in the same Region for the same sport in which they coach

F.) Admission Fees

- a. Archdiocesan Competitions may charge an admission fee in order to cover general expenses of events including site rentals, cleaning fees, etc.
- b. Regional Competitions may charge an admission fee in order to cover general expenses of events only when approved by the Regional board or when required by the host site
- c. Individual Parishes may charge an admission fee at the parish-hosted competitions in order to cover general expenses. However, if the Commissioner or Regional board finds the charges to be unreasonable or unnecessary, they reserve the right to refuse that parish home game on the league schedule.

G.) General Protests

- a. Protests may be filed on the basis of "Rule interpretation" and/or "Athlete eligibility." They cannot be filed based on judgment calls. All protests must follow the process below:
 1. Before a competition is completed, the Head Coach must indicate to both the head official and the opposing Head Coach that the competition is being protested.
 - a. The protest should be noted in the scorebook. If the protest is not indicated in the official scorebook, the protest will be dropped.
 - b. If the Head Official has left the competition area without being notified of the protest, it will be dropped.
 2. The protesting coach has 24 hours from the completion of the contest to send a email detailing the protest to the commissioner
 - a. "Time sensitive" protests must be made within 2 hours
 3. If the protesting coach does not consider the protest satisfactorily resolved by the Commissioner, he or she may appeal to the Regional Board
 4. The Region's decision is final on "time-sensitive" appeals
 5. Additional appeals may be made to the CYO Director through the Regional Board. The CYO Director will not review appeals that have not been reviewed by both Commissioner and Regional leadership.
 6. The Regional Board must resolve all protests related to a team prior to submitting them for Archdiocesan post-season competition. No team having been disqualified at any level may participate in Archdiocesan post-season competition

H.) Lateness

- a. A fifteen (15) minute grace period will be granted beginning at the scheduled start of the competition. At the conclusion of this time, the Facility/Field Director or Regional rep or Head Official may forfeit the game. At which time, the forfeiting team will be held responsible for their portion of the officials' fees.
- b. A team with a requisite number of players is not entitled to the grace period.
- c. The Field/Facility director or Head Official may extend the grace period if the team in question has contacted them, is en route, and will reach the site in a reasonable amount of time.

I.) Regional Alignment

- a. The CYO Athletic Department reserves the right to assign parishes to the geographic entity known as the Region. When circumstances change within the structure of the Region, it may become necessary for the assignment of a parish(es) to a new Region.

J.) Insurance and Liability

- a. Sanctioned CYO Sports Programs who sponsor CYO sports in this handbook and are in compliance with all the rules and requirements outlined in this handbook may receive insurance and liability assistance from the Archdiocese of Philadelphia
- b. Any unsanctioned sports that operate under the parish umbrella that are not overseen by the CYO Office or that fall outside of the general eligibility requirements are covered by the Parish liability insurance, but are not supported by the AOP CYO office.

K.) Calendar Requirements

- a. Summer Season is a period between June 15th and August 1st where CYO teams in any form may participate together
- b. CYO teams of any form or by any name may not participate in out-of- season competition. CYO teams competing out-of-season prior to June 15th or after August 1st will jeopardize their parish's participation in the following athletic season
 - a. "Teams" participating out of season is defined as two or more players with a CYO coach. Teams playing out of season may be deemed ineligible for their sport season if a competitive advantage is gained
- c. Fall Sports may run from August 1st thru November 15th
- d. Winter Sports may run from November 2nd thru March 15th
- e. Spring Sports may run from March 1st to June 15th
- f. Teams are NOT permitted to conduct any competitions or practices on Sundays before 1pm. Appealing this rule must adhere to the following process:
 - a. Both Pastors/Priest Moderators must provide written approval of any competition before 1pm
 - b. The Regional and Sport commissioners must both approve
 - c. Both teams must attend a team Mass, either separately at their home parishes or together at a Parish in proximity of the competition site
 - 1. Teams are encouraged to wear their uniforms to promote team unity to their communities at Mass
- g. Blackout Dates
 - a. Feast of All Saints
 - b. Immaculate Conception
 - c. Christmas Eve and Christmas Day
 - d. Solemnity of the Holy Mother of God
 - e. Holy Thursday, Good Friday, Holy Saturday, Easter Sunday
 - f. Ascension Thursday

L.) Sanctioned CYO Sports

- a. Fall Season: Football, Soccer, Field Hockey, Volleyball, Cross Country
- b. Winter Season: Basketball, Cheer, High School Basketball
- c. Spring Season: Baseball, Track & Field, Girls Flag Football

M.) Tryouts

- a. Coaches must give all eligible athletes a fair and equal chance to try out for a CYO sport team.
- b. Tryouts may not be limited to participation or performance at any outside competition and/or membership to any outside team or organization.
- c. When more athletes register for a sport than can be accommodated on one team, the parish is encouraged to create additional teams to enable more youth to participate. Regions are encouraged to create additional leagues or competition schedules when appropriate.
- d. When a parish determines the need to cut players, great care must be taken as this also impacts the development of the student-athlete. At minimum, this process should value each person and not be a public embarrassment to the youth. The parish should seek other ways to engage these youth, whether as team managers or other support roles or other ministries in the Parish. Seeking to help the youth identify, develop and share their gifts is still the goal, even when those gifts may not be through sports for that season.
- e. It is suggested that conflicts of interest in Tryouts and evaluations should be avoided. Where possible, a neutral party from the Parish should be present at tryouts to offer input on teams.

N.) Filming

- a. Filming games or practices for any public distribution is strictly prohibited
- b. Any video filming for promotional use must be accompanied by a release form provided by the Parish
- c. Filming practices for individual parish use (film review for only the team being filmed) is permitted with parental permission. Games cannot be filmed to study other teams.

Track and Field Small Merger Addendum:

Two or more parishes will be permitted to merge and compete as one CYO Cross Country and/or Track & Field team when all of the following conditions are met:

1.) The combined number of unique participants competing in CYO sports in the previous school year for all the parishes involved must be less than 250.

a. Unique Participants is defined as all male and female athletes in 4th through 8th grade participating in inter-parish CYO sports programs sponsored by the parish.

b. Unique Participants must be verifiable through the parish roster.

2.) In any of the previous two years, neither parish fielded a CYO Cross Country team or Track & Field team of more than 18 total athletes (boys & girls combined), respectively.

3.) In the year of merger, the merged team will not have more than 36 total athletes (boys & girls combined).

The following rules and procedures apply to all requests to merge parishes for CYO Track & Field:

⌚ Private Academies are not permitted to merge with an eligible parish for CYO Track & Field.

⌚ All requests for merger must be sent to the Archdiocesan Cross Commissioner or Track & Field Coordinator. Separate requests must be sent for each sport. Approval in one sport does not guarantee approval in the other.

⌚ The attached form must be used and the requested information must be included with the request. Requests should be emailed to the Archdiocesan Cross Country Commissioner, Mary Ellen Malloy, sunrisexc@aol.com and the Track & Field Coordinator, Terry O'Connell, at terence.m.oconnell@gmail.com.

⌚ Cross Country - Requests for approval to merge for the CYO Cross Country season must be submitted before September 10th. All other Cross Country rostering rules still apply.

⌚ Track & Field - Requests for approval to merge for the CYO Track & Field season must be submitted before March 20th and the complete roster for the initial merged season must be received by the Archdiocesan Track & Field Coordinator by April 1st.

⌚ If approved, merged teams will compete under the existing name of one of the parishes, however, separate rosters must be prepared for the different parishes and approved by the respective pastors.

⌚ Once a request for merger is approved, the merged team must remain together for a period of two years. The unique participant rule and total number of cross country/track & field athletes rule apply only in the first year of merger. Merged teams must re-apply after two years competing together and may be denied in subsequent years based on the growth of their CYO or CYO Cross Country and/or Track & Field programs.

⌚ Ineligible "large" parishes may be permitted to merge with an eligible smaller parish if credible hardships or other qualitative factors make such a merger the best option for the smaller parish. The decision to waive one or more condition will be at the sole

discretion of the Cross Country Commissioner or Track & Field Coordinator, respectively